

Intoleran

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Reference:

Customs declaration
Fibractase 1200

Customs declaration product fibractase 1200

To whom it concerns,

Fibractase 1200 (forte) capsules contain the enzyme Alpha Galactosidase, Calcium Carbonate (filling aid) and HPMC (capsule). Within the European union Fibractase 1200 is regarded as a food supplement to help digest oligosaccharides (fructans and galactans).

Fructans are found in grains, vegetables, and legumes, such as garlic, onions, leeks, wheat, apricots, grapefruit, nectarines, nuts, split peas and various grain products and pasta like crackers and noodles. Galactans are found in soy products, green peas, split peas, kidney beans and various types of nuts.

Oligosaccharides, such as fructans and galactans, cannot be digested in the small intestine. These indigestible carbohydrates move to the large intestine, where they are fermented by gut bacteria. The digestive enzyme Alpha Galactosidase helps with the digestion of these complex carbohydrates by breaking them down into smaller sugars in the small intestine. This makes them easier to digest and reduces the risk of gas formation.

Fibractase 1200 (forte) meets the requirements for food grade enzymes.

With kind regards,

Rosanne Holman
Advisory Dietician