

Intoleran

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Reference:

Customs declaration
Intoleran once a day

Customs declaration product: Intoleran Once a Day

To whom it concerns,

Intoleran once a day is a food supplement which contains probiotics. Once a day contains capsules with the probiotics: *Bacillus Coagulans*, *Bacillus Subtilis*, *Bifidobacterium animalis lactis*, *Lactobacillus casei*, *Lactobacillus rhamnosus*, *Streptococcus thermophilus*. Once a Day helps with the digestion of lactose.

Lactase is a digestive enzyme responsible for breaking down lactose. In the intestines, lactase splits lactose into two simpler sugars, glucose and galactose, which can then be absorbed through the intestinal wall. In individuals with lactose intolerance, there is an insufficient amount of lactase, meaning lactose remains undigested and cannot be properly absorbed in the small intestine. Using Lactase Once a Day enables the body to effectively digest lactose.

With kind regards,

Rosanne Holman
Advisory Dietician