

Intoleran

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Reference:

Customs declaration
DAO plus & DAO mini

Customs declaration product DAO plus & DAO mini

To whom it concerns,

DAO plus capsules and DAO mini tablets contain the enzyme Diamine Oxidase (DAO). Within the European union diamine oxidase is regarded as a food supplement to help digest histamine from food.

Histamine is a biogenic amine (natural protein) involved in various processes in the body. Our body produces histamine naturally and it is also found in many plant and animal based products, such as; sauerkraut, dried fruit, yogurt, pork, aged meats like salami, aged cheese, alcohol; particularly red wine and canned foods.

Excess histamine is broken down in the body. The digestive enzyme Diamine Oxidase (DAO) helps in the effective digestion of histamine (rendering it inactive) in the small intestine, preventing it from entering the bloodstream.

DAO plus & DAO mini meet the requirements for food grade enzymes.

With kind regards,

Rosanne Holman
Advisory Dietitian