



general user information

Would you like advice on which supplement is best for you? Contact one of our Intoleran dieticians via info@intoleran.com or check out our website intoleran.com/en

Since we are bound by certain permitted product claims, we are not allowed to say exactly how certain products work.

If you still have questions after reading the information in this leaflet, please feel free to contact us.

disclaimer

A healthy lifestyle is important, as is a varied and balanced diet, for which dietary supplements are not a substitute.

- Shelf life of the products is printed on the packaging
- Do not use after expiration date
- Store in a cool and dry place (less than 25°C) however a small amount kept on your person for use in short term is fine as this is what our products are intended for
- Keep out of reach of children
- Do not exceed the recommended daily dose

DAO Enzyme manufactured by DR Healthcare Spain for Intoleran under EU Patents.



DAO and cozidase



meet the range

Besides DAO and cozidase, Intoleran also has other products. Would you like some more information about these products? Visit intoleran.com/en

contact information

Intoleran • Ravenswade 106
3439 LD Nieuwegein • The Netherlands
info@intoleran.com

intoleran
digestive experts



about intoleran

Intoleran is a specialist in digestive enzyme supplements. Remko Hiemstra, the founder of our company, is lactose intolerant and saw that there was still a lot to be done in that area. For this reason, he started developing supplements based on his own experience in 2008.

Nowadays, Intoleran offers an extensive range of supplements with digestive enzymes. We produce most of our supplements in our own production facility in the Netherlands. That way, **we only use ingredients that are necessary for the supplements to work**, so no unnecessary additives, and as many people as possible can use our products without unwanted side effects.

DAO mini

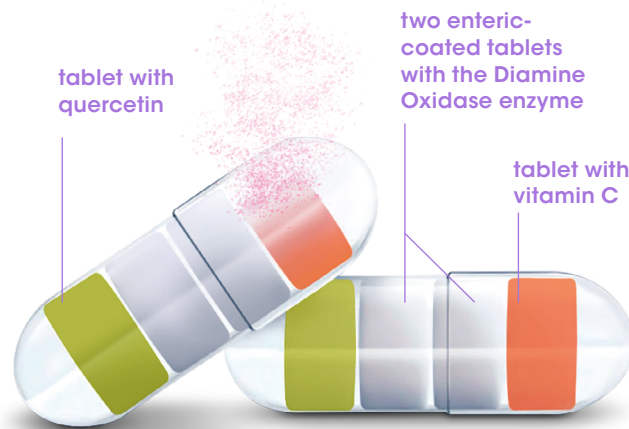
DAO mini is a **small tablet** containing the **pure Diamine Oxidase enzyme (DAO)**, 20,000 to 30,000 HDU DAO per tablet. DAO mini is suitable for children from 4 years of age. Not suitable for vegetarians

Suggested use:

Take 1 tablet with some water just before a meal. A maximum of 3 tablets can be taken per day. Swallow the tablet whole, do not chew due to the enteric coating.

Ingredients (per tablet):

Diamine Oxidase (DAO) enzyme (range of 20,000-30,000 HDU per tablet from pig kidney protein extract) in a small 5mm tablet. Fillers: Microcrystalline cellulose, hydroxypropyl cellulose. Glazing agent: ethyl cellulose, potato starch. Stabilizers: sodium alginate, magnesium stearate, medium chain fatty acids. Glossing agent: hydroxypropyl methylcellulose. Stabilizers: oleic acid, stearic acid.



DAO plus

Our DAO plus capsules contain the enzyme **Diamine Oxidase (DAO)** and are supplemented with **vitamin C** and **Quercetin**. DAO plus contains 4 small enteric-coated tablets per capsule. The white/beige tablets contain the DAO enzyme (20,000 to 30,000 HDU per capsule), the brown tablet contains vitamin C and the green tablet contains Quercetin. DAO plus is suitable for children from 4 years of age. Not suitable for vegetarians.

Suggested use:

Take 1 capsule with some just before a meal. A maximum of 3 capsules can be taken per day. In case of difficulty in swallowing, it is possible to open the capsule and take the individual tablets without chewing them.

Ingredients (per capsule):

Pig kidney extract with 7% diamine oxidase (DAO) enzyme 20,000-30,000 HDU per capsule, Quercetin 95%, Vitamin C (L-Ascorbic Acid). Fillers: microcrystalline cellulose, hydroxypropyl cellulose. Glazing agent: ethyl cellulose, potato starch. Stabilizers: hydroxypropyl methylcellulose, medium chain fatty acids. magnesium stearate, oleic acid, sodium alginate. Humectant: glycerine. Anti-caking agent: stearic acid, magnesium carbonate, dicalcium phosphate, Rice starch. Colouring agent: caramel. Capsule: hydroxypropyl methylcellulose (HPMC).

cozidase

Cozidase provides a supplement of **copper and zinc**. Cozidase also contains **vitamins C and B6**.

Suggested use:

Take (from 6 years of age) as standard twice daily 1 capsule of Cozidase with meals. For example, 1 capsule with breakfast and 1 capsule with the evening meal. For children aged 4-6 years, the daily recommended dose is 1 capsule per day with the meal. The capsules can also be opened to take the powder separately. Cozidase is suitable for children aged 4 years and over.

Use caution when combining this supplement with other supplements. Avoid an excessive intake of copper, zinc and vitamin B6. In the event of any symptoms of nausea, reduce dosage to 1 capsule per day.